



2016-2017 Season— Spring 1

6 WEEK SESSION

March 13th-April 23rd

Registration opens February 27th

All fees reflect online registration prices at www.fvia.us.

Hockey 1 & 2 \$100

The curriculum is designed to teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and more agile on the ice. Proper skating techniques are the primary focus.

TUES: 5:10-5:40pm
THURS: 6:30-7:00pm
SAT: 10:40-11:10am

HOCKEY 3 & 4 \$100

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backwards skating and beginning work on snow-plow stops. Helmets are required and are available to rent free of charge.

THURS: 5:30-6:00pm
SAT: 9:40-10:10am

STICK AND PUCK \$120 INTRO TO STICK HANDLING

Stick & Puck introduces the techniques of stick handling, shooting, and passing. A great second class for skaters in the program. A stick, glove, and helmet are required for this class.

TUES: 6:20-7:00pm
SAT: 8:30-9:10am

TEEN HOCKEY \$111 LEARN TO SKATE

This class is designed for skaters ages 8-17 who want to learn how to skate and possibly play hockey. It is a great way to start skating and learn the basic fundamentals

TUES: 5:45-6:15

EQUIPMENT/SKATE RENTAL

- Daily skate rental is available for purchase at the front desk for all classes
 - Price is \$3 per single rental (\$2 with purchase of a 10 rental punch Card)
 - Daily helmet rentals are available for all classes free of charge
- Helmets are required for ALL classes (Facemask required for PH1, PH2, and AS)

Jr. Cyclones 8 WEEK SESSION

PRE-HOCKEY \$120 (Prerequisite: Hockey 2)

Skaters will learn how to skate will full equipment and proper technique of skating with a stick. This program will teach techniques like striding, backward swizzles, 1 foot scooter pushes and other agility moves.

THURS: 4:30-5:10
SAT 12p-12:40p

ADVANCED SKILLS \$160 (Prerequisite: Hockey 2)

For the hockey player who wants to develop the fundamental hockey skills needed to play on a team. This program will develop and improve skating with the puck, stick handling, passing, shooting and much more. Players will also learn to skate with their eyes up while moving the puck

THURS: 4:30-5:20pm
SAT 12p—12:40p

Learn to skate with FVIA!! Ages 3-5

Learn to Skate 1 \$100

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

| | CLASS TIME | PRACTICE TIME |
|-------|----------------|---------------|
| Tues | 10:30-11:00am | |
| Tues | 5:10-5:40pm | 5:40-5:50 pm |
| Thurs | 6:30-7:00pm | 6:10-6:30 pm |
| Sat | 9-9:40 am | 9:30-9:40 am |
| Sat | 10:40-11:10 am | 10:20-10:40am |

Learn to Skate 2 \$100

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

| | CLASS TIME | PRACTICE TIME |
|-------|----------------|---------------|
| Tues | 5:10-5:40pm | 5:40-5:50 pm |
| Thurs | 6:30-7:00pm | 6:10-6:30 pm |
| Sat | 9-9:40 am | 9:30-9:40 am |
| Sat | 10:40-11:10 am | 10:20-10:40am |

Learn to Skate 3 \$100

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

| | CLASS TIME | PRACTICE TIME |
|-------|----------------|---------------|
| Tues | 5:10-5:40pm | 5:40-5:50 pm |
| Thurs | 6:30-7:00pm | 6:10-6:30 pm |
| Sat | 9-9:40 am | 9:30-9:40 am |
| Sat | 10:40-11:10 am | 10:20-10:40am |

Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, added, or cancelled based on enrollment. A skater that misses a regular class will be permitted a makeup of that class within the time frame of the current session.

The Skate School follows the guidelines of USA Hockey, a nationally recognized program that takes recreational and serious skaters from beginning to advanced levels. ALL classes are taught by USA

Questions? Please contact FVIA Hockey Director Nick Madonia—Nick@fvia.us

The Skate School • Fox Valley Ice Arena • 1996 S. Kirk Rd, Geneva IL 60134

www.FVIA.us • (630) 262-0690