



Session Winter1. 2017-2018 Season

(7 Weeks) January 15th—March 4th

Registration begins January 2nd

Skate School Questions — Contact
Rockne Brubaker at
rbrubaker@theskateschool.com

Hockey 1 & 2 ages 6 & up \$109

The curriculum is designed to teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and more agile on the ice. Proper skating techniques are the primary focus.

Class	Practice
TUES: 5:10-5:40pm	5:40-5:50pm
THURS: 6:30-7:00pm	6:10-6:30pm
SAT: 10:40-11:10am	10:20-10:40am

Hockey 3 & 4 ages 6 and up \$119

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backwards skating, and beginning work on snow-plow stops. Helmets are required and are available to rent free of charge.

Class	Practice
THURS: 5:30- 6:10pm	6:10 - 6:30pm
SAT: 9:40-10:20am	9: 10 - 9:30am

***All skaters MUST have current USFS basic skills membership \$20**

STICK AND PUCK ages 6 & up \$140 INTRO TO STICK AND HANDLING

Stick and Puck introduces the techniques of stick handling, shooting, and passing. A great second class for skaters in the program, hockey 2 and up. A stick, glove, and helmet are required for this class.

Class	Practice
TUES: 6:20-7:00 pm	6:10-6:20pm
SAT: 8:30-9:10 am	9:10-9:30am

TEEN HOCKEY ages 6 & up \$119 LEARN TO SKATE

This class is designed for skaters ages 8-17 who want to learn how to skate and possibly play hockey. It is a great way to start skating and learn the basic fundamentals.

Class	Practice
TUES: 5:45-6:15 pm	6:15- 6:30p

Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check

Learn to Skate Ages 3-5

Learn to Skate 1 \$109

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

	Class Time	Practice Time
Tues	10:30-11:00 am	
Tues	5:10-5:40pm	5:40-5:50pm
Thurs	6:30-7:00pm	6:10-6:30pm
Sat	9:40- 10:10am	9:10-9:30pm
Sat	10:40-11:10am	10:20-10:40am

Learn to Skate 2/3 \$109

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

	Class Time	Practice Time
Tues	5:10-5:40pm	5:40-5:50pm
Thurs	6:30-7:00pm	6:10-6:30pm
Sat	10:40-11:10am	10:20-10:40am

The Skate School Hockey Progression

Ages 3-5yrs	Ages 6yrs & Up
LTS USA 1-3	Hockey 1
Hockey 1	Hockey 2-3 + Stick & Puck
Hockey 2-3 + Stick & Puck	Hockey 4 + Jr Cyclones Classes
*Skaters encouraged to finish Hockey 3 and 4 skating skills classes but are ready to start Jr Cyclones Pre Hockey.	*Skaters encouraged to finish Hockey 3 and 4 skating skills classes but are ready to start Jr Cyclones Pre Hockey.

A Few Things to Keep in Mind...

Being a good hockey player starts with being a good skater. Skating Skills is the single most important skill set at the beginner level. If you have any questions regarding the progression through the program, please contact the Skating Director, Rockne Brubaker, at rbrubaker@theskateschool.com.

Jr Cyclones In-House Hockey Program

Pre Hockey 1 -> Pre Hockey 2 -> Advanced Skills -> Jr Cyclones In-House Team
For more information please contact Hockey Director Nick Madonia at nick@fvia.us

Jr. Cyclones - Questions contact Nick at nick@fvia.us

PRE-HOCKEY \$105 (Prerequisite: Hockey 2)

Skaters will learn how to skate with full equipment and proper technique of skating with a stick. Full hockey equipment is required and is available for rent.

THURS: 4:30-5:10pm or SAT: 12:00-12:40pm

Advanced Skills \$140 (Prerequisite: Hockey 2)

For the hockey player who wants to develop the fundamental hockey skills needed to play on a team. This program will develop and improve skating with the puck, stick handling, passing, shooting, and much more.

THURS: 4:30-5:10pm or SAT: 12:00-12:40pm

EQUIPMENT/SKATE RENTAL Available for all classes

- Daily skate rental is available for purchase at the front desk for all classes
 - Price is \$3 per single rental (\$2 with purchase of a 10 rental punch Card)
 - Daily helmet rentals are available for all classes free of charge