



Summer—2017 Season

July 10th—August 27th

Registration opens June 19th

Skate School Classes

All fees reflect online registration prices at www.fvia.us.

Hockey 1 & 2 \$109

The curriculum is designed to teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and more agile on the ice. Proper skating techniques are the primary focus.

TUES: 5:10-5:40pm

THURS: 6:30-7:00pm

SAT: 10:40-11:10am

HOCKEY 3 & 4 \$119

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backwards skating and beginning work on snow-plow stops. Helmets are required and are available to rent free of charge.

THURS: 5:30-6:00pm

STICK AND PUCK \$140 INTRO TO STICK HANDLING

Stick & Puck introduces the techniques of stick handling, shooting, and passing. A great second class for skaters in the program. A stick, glove, and helmet are required for this class.

TUES: 6:20-7:00pm

TEEN HOCKEY \$129 LEARN TO SKATE

This class is designed for skaters ages 8-17 who want to learn how to skate and possibly play hockey. It is a great way to start skating and learn the basic fundamentals

TUES: 5:45-6:15

EQUIPMENT/SKATE RENTAL

- Daily skate rental is available for purchase at the front desk for all classes
 - Price is \$3 per single rental (\$2 with purchase of a 10 rental punch Card)
 - Daily helmet rentals are available for all classes free of charge
- Helmets are required for ALL classes (Facemask required for PH1, PH2, and AS)

Learn to skate with FVIA!! Ages 3-5

Learn to Skate 1 \$109

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

	CLASS TIME	PRACTICE TIME
Tues	10:30-11:00am	
Tues	5:10-5:40pm	5:40-5:50 pm
Thurs	6:30-7:00pm	6:10-6:30 pm

Learn to Skate 2 \$109

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

	CLASS TIME	PRACTICE TIME
Tues	5:10-5:40pm	5:40-5:50 pm
Thurs	6:30-7:00pm	6:10-6:30 pm

Learn to Skate 3 \$109

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

	CLASS TIME	PRACTICE TIME
Tues	5:10-5:40pm	5:40-5:50 pm
Thurs	6:30-7:00pm	6:10-6:30 pm

USFS Membership - Required for all skaters—
\$20.00

All skaters must have a current USFS figure skating basic skills membership, prior to class registration. This membership is valid from June 2016 to June 2017. You will be able to register on our website: www.fvia.us. Click the membership tab and then USFS membership.

JR. CYCLONES CLASSES

****Advanced Skills & Pre-Hockey Only**

no class 7/27—makeup date 7/6

PRE-HOCKEY \$105 (Prerequisite: Hockey 2)

Skaters will learn how to skate will learn how to skate will full equipment and proper technique of skating with a stick. This program will teach techniques like striding, backward swizzles, 1 foot scooter pushes and other agility moves.

THURS: 4:30-5:10

ADVANCED SKILLS \$126

For the hockey player who wants to develop the fundamental hockey skills needed to play on a team. This program will develop and improve skating with the puck, stick handling, passing, shooting and much more. Players will also learn to skate with their eyes up while moving the puck

THURS: 4:30-5:20pm

Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, added, or cancelled based on enrollment. A skater that misses a regular class will be permitted a makeup of that class within the time frame of the current session.

The Skate School follows the guidelines of USA Hockey, a nationally recognized program that takes recreational and serious skaters from beginning to advanced levels. ALL classes are taught by USA

Questions? Please contact FVIA Hockey Director Nick Madonia—Nick@fvia.us

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www.FVIA.us • (630) 262-0690